



Information about the survey:

- Nearly 9 in 10 new mums felt happy about their pregnancy. However, women tend to expect to feel happier about their pregnancy than they actually do in reality.
- Only 3% of new mums said that they felt unhappy about their pregnancy.

Useful Links (see the 'more info' tab for all links)	
Link Type	Website Address
BBC – lists associations and support services	www.bbc.co.uk/parenting/support_for_you/pregnancy.shtml
NHS Direct	www.nhsdirect.nhs.uk
Advice on fatherhood	www.fathersdirect.com
Online advice from health visitors, including “Ask a Health Visitor” and FAQs	www.healthvisitors.com
Midwives – online advice, including “Ask A Midwife” and advice	www.midwivesonline.com/index.php
National Childbirth Trust – advice, support, training and local groups	www.nct.org.uk/

Survey Stats	
Date of survey	February 2007
Number of mums surveyed	1159
Type of mums surveyed	327 pregnant women; 832 mums with a child age 0 – 12 months