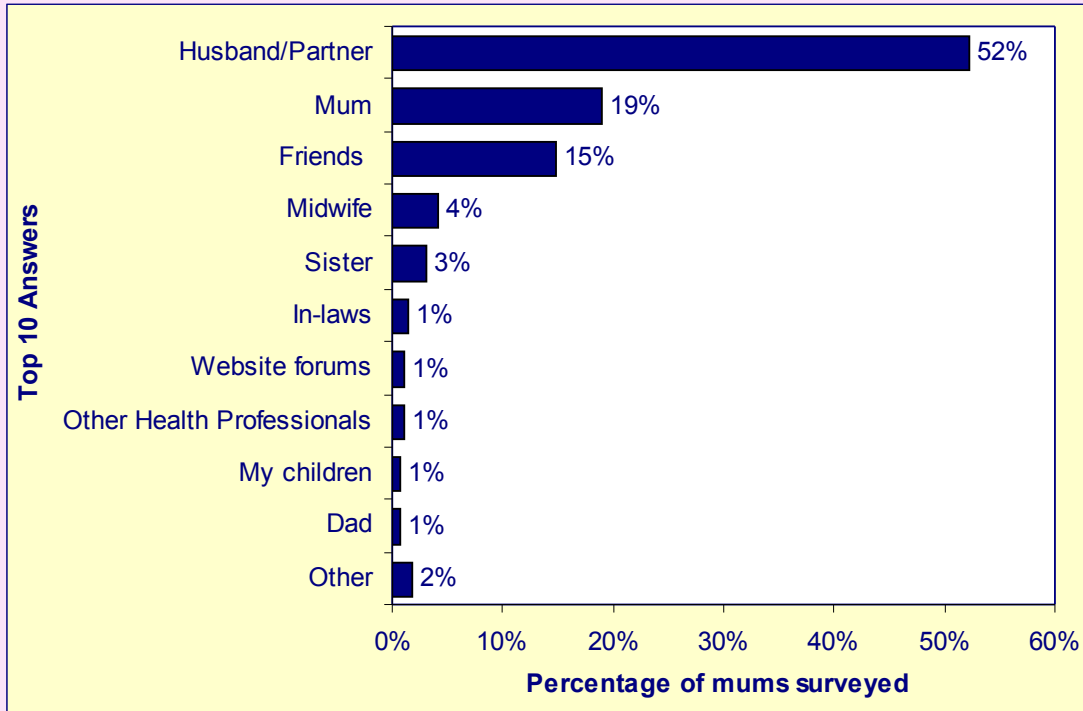


Survey Question:
 “Who has given you the **best support** during pregnancy?”

The “Top 10” most popular answers are:



Info on the survey:

- 94% of mums found that the best support came from family and friends whilst 5% indicated that it came from Healthcare Professionals
- Less than 2% of mums surveyed said that they did not receive support during their pregnancy.

Useful Links (see the ‘more info’ tab for all links)	
Link Type	Website Address
BBC – lists associations and support services	www.bbc.co.uk/parenting/support_for_you/pregnancy.shtml
NHS Direct	www.nhsdirect.nhs.uk
Advice on fatherhood	www.fathersdirect.com
Online advice from health visitors, including “Ask a Health Visitor” and FAQs	www.healthvisitors.com
Midwives – online advice, including “Ask A Midwife”	www.midwivesonline.com/index.php
National Childbirth Trust – advice, support, training and local groups	www.nct.org.uk/

Survey Stats	
Date of survey	July 2006
Number of mums surveyed	250
Type of mums surveyed	All pregnant – 50% first pregnancy; 50% already with one or more child